

TOWER

HAMLETS

FOOD

Interested in healthy eating?
Growing fruit and vegetables in
Tower Hamlets? Want to get started?

GROWING

Bring the family for
a day of information
and inspiration!

NETWORK

Free: entry, lunch,
workshops, goody
bags, seed swap*

WINTER

Food growing workshops
kids' activities, stalls, tour of
community gardens

GATHERING

Where: Calders Wharf Community Centre,
Saunders Ness Road, London E14 3EA

When: Thursday 16th February 2012 10:00am – 3:00pm

*Please bring spare seeds to share/exchange if you have them!

For more information or to reserve a place contact the WEN Local Food Team:
food@wen.org.uk, Tel: 0207 481 9004 (Mon-Thurs).

WEN is the local lead organisation for Capital Growth in Tower Hamlets and
is coordinating the Tower Hamlets Food Growing Network

Event partners:





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With thanks to the Wakefield and Tetley Trust